WHAT IS CLAIMED IS:

1. A sheeted self-tanning composition application dispensing set comprising of a plurality of sheet-like substrates and a dispensing enclosure;

wherein each of said sheet-like substrates is infused with an aqueous self-tanning composition; and

wherein said plurality of sheet-like substrates is arranged in said dispensing enclosure for dispensing therefrom one sheet at a time;

wherein each said sheet-like substrate is such that said aqueous selftanning composition adheres thereto when said sheet-like substrate is within said dispensing enclosure, and is such that said aqueous self-tanning composition will transfer therefrom when said sheet-like substrate is applied to the skin of a user; and

wherein said aqueous self-tanning composition comprises from 45% to 65% by weight of aqueous extract of Japanese green tea, from 5% to 15% by weight of dihydroxyacetone, from 5% to 25% by weight of ethoxydiglycol, from 3% to 10% by weight of PPG-12-Buteth-16 as an emollient, from 1% to 13% by weight of a humectant, and from 0.05% to 0.5% by weight of cosmetically acceptable and compatible minerals.

2. The sheeted self-tanning composition application dispensing set of claim 1, wherein said self-tanning composition further comprises further cosmetically acceptable and compatible additives chosen from the group consisting of from 0.5% to 5% by weight of bacillus ferment as an enzyme exfoliator, from 0.5% to 5% by weight of frankincense extract as a moisturizer, from 0.1% to 7.5% by weight of a skin protectant, from 0.1% to 6% by weight of a cosmetically acceptable and compatible colorant, from 0.5% to 1.5% by weight of tocopherol as an anti-oxidant, from 0.1% to 1% by weight of disodium ethylenediamine tetraacidic acid (EDTA), from 1% to 5%

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by weight of a tanning accelerator, from 0.5% to 1% by weight of a cosmetically acceptable and compatible preservative, from 0.5% to 1% by weight of PPG-40-castor oil as a stabilizer, from 0.1% to 0.5% by weight of natural essential oils, and mixtures thereof.

3. The sheeted self-tanning composition application dispensing set of claim 2, wherein said humectant is chosen from the group consisting of 1% to 5% by weight of butylene glycol, from 1% to 8% by weight of glycerine, and mixtures thereof;

wherein said skin protectant is chosen from the group consisting of 0.5% to 2.5% by weight of aloe vera gel, from 0.5% to 4% by weight of hydrocotyl extract, from 0.1% to 1% by weight of myrrh extract, and mixtures thereof;

wherein said cosmetically acceptable and compatible colorant is chosen from the group consisting of 1% to 5% by weight of walnut extract, 0.1% to 1% by weight of caramel, and mixtures thereof, together with said minerals;

wherein said minerals are chosen from the group consisting of C.I. #15985, #77492, #77491, #77499, #77718, #42090, #16035, and mixtures thereof;

wherein said tanning accelerator is chosen from the group consisting of acetyl-L-tyrosine, hydrolyzed vegetable protein, adenosine triphosphate, riboflavin, and mixtures thereof; and

wherein said cosmetically acceptable and compatible preservative is chosen from the group consisting of methyl paraben, dimethylol dimethyl hydantoin, and iodopropynyl butylcarbamate, and mixtures thereof.

4. The sheeted self-tanning composition application dispensing set of claim 1, wherein said self-tanning composition further comprises from 0.5% to 20% by weight of sunscreen chosen from the group consisting of from 1% to 20% by weight of octyl methoxycinnamate, from 1% to 20% by weight of octyl salicylate, from 1% to

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10% by weight of benzophenone-3, from 0.5% to 10% by weight of benzophenone-4, and mixtures thereof.

- 5. The sheeted self-tanning composition application dispensing set of claim 1, wherein the material of said plurality of sheet-like substrates is chosen from the group consisting of woven fabrics, non-woven fabrics, paper, cellulose, and mixtures thereof.
- 6. The sheeted self-tanning composition application dispensing set of claim 5, wherein said fabrics have a composition which comprises from 20% to 80% by weight of polypropylene, and from 20% to 80% by weight of viscose rayon.
- 7. The sheeted self-tanning composition application dispensing set of claim 1, wherein said plurality of sheet-like substrates is arranged in a manner chosen from the group consisting of a plurality of sheet-like substrates rolled in sheets which are separable at perforations therebetween, interleaved sheets, stacked sheets, and stacked folded sheets.
- 8. The sheeted self-tanning composition application dispensing set of claim 7, wherein said dispensing enclosure is chosen from the group consisting of sealable canisters having a cruciform dispensing opening formed at one end thereof, sealable boxes having a reclosable lid at the top thereof, resealable pouches having a dispensing slit on one side surface thereof, and resealable pouches having a resealable opening at one end thereof.

- 9. The sheeted self-tanning composition application dispensing set of claim 1, wherein each one of said plurality of sheet-like substrates is rectangular, and has a size in the range of 7.5 cm by 7.5 cm up to 25 cm by 25 cm.
- 10. The sheeted self-tanning composition application dispensing set of claim 9, wherein each one of said plurality of sheet-like substrates is infused with an amount of said aqueous self-tanning composition in the range of 0.015 g/cm² to 0.022 g/cm².
- 11. A method of infusing a plurality of sheet-like substrates with an aqueous self-tanning composition;

wherein each of said plurality of sheet-like substrates has a surface area in the range of from 55 cm² to 625 cm²:

wherein the material of said plurality of sheet-like substrates is chosen from the group consisting of woven fabrics, non-woven fabrics, paper, cellulose, and mixtures thereof;

wherein each one of said plurality of sheet-like substrates is infused with an amount of said aqueous self-tanning composition in the range of 0.015 g/cm² to 0.022 g/cm²; and

wherein said aqueous self-tanning composition comprises from 45% to 65% by weight of aqueous extract of Japanese green tea, from 5% to 15% by weight of dihydroxyacetone, from 5% to 25% by weight of ethoxydiglycol, from 3% to 10% by weight of PPG-12-Buteth-16 as an emollient, from 1% to 13% by weight of a humectant, and from 0.05% to 0.5% by weight of cosmetically acceptable and compatible minerals;

wherein said method comprises the steps of:

(a) placing a plurality of sheet-like substrates in a sealable vacuum chamber. wherein said sealable vacuum chamber has agitation means in the interior thereof to

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cause agitated movement of said plurality of sheet-like substrates when placed therein, wherein said sealable vacuum chamber is capable of being rotated about an axis so as to cause a tumbling movement of said plurality of sheet-like substrates when placed therein, and wherein said sealable vacuum chamber has an injection port;

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- (c) heating the interior of said vacuum chamber to a temperature of 105° C to 115° C, and maintaining that temperature for a period of from 30 to 35 minutes, while tumbling and agitating said plurality of sheet-like substrates;

sealing said vacuum chamber;

(b)

- (d) cooling said interior of said vacuum chamber to a temperature of 70° C to 75° C, at a rate of 5° C per 15 minutes;
- (e) drawing a vacuum in the interior of said vacuum chamber to a gauge vacuum in the range of 27 cm Hg to 42 cm Hg;
- (f) introducing said aqueous extract of Japanese green tea into said vacuum chamber while maintaining said temperature of step (d), and tumbling and agitating said plurality of sheet-like substrates for a period of 20 to 25 minutes;
- (g) cooling said interior of said vacuum chamber to a temperature in the range of 62° C to 67° C, at a rate of 5° C per 15 minutes;
- (h) introducing said humectant into said vacuum chamber while maintaining said temperature of step (g), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes;
- (i) cooling said interior of said vacuum chamber to a temperature of 48° C to 52° C, at a rate of 5° C per 15 minutes;
- (j) introducing said minerals into said vacuum chamber while maintaining said temperature of step (i), and tumbling and agitating said plurality of sheet-like substrates for a period of 28 to 38 minutes;
- (k) cooling said interior of said vacuum chamber to a temperature of 43° C to 47° C, at a rate of 5° C per 15 minutes;

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- (I) premixing said ethoxydiglycol and said PPG-12-Buteth-16, and adding said dihydroxyacetone thereto, to form a homogenous mixture;
- (m) introducing said homogenous mixture into said vacuum chamber while maintaining said temperature of step (k), and tumbling and agitating said plurality of sheet-like substrates for a period of 38 to 48 minutes;
- (n) cooling said interior of said vacuum chamber to a temperature of 28° C to 32° C, at a rate of 5° C per 15 minutes;
- (o) relieving said vacuum, opening said vacuum chamber, and removing said plurality of infused sheet-like substrates therefrom for packaging in groups of pluralities thereof into dispensing enclosures therefor.
- 12. The method of claim 11, wherein said sealable vacuum chamber has a double-walled structure, and step (c) is carried out by injecting steam into the chamber formed by and between the two walls of said double-walled structure.
- The method of claim 11, wherein said self-tanning composition further comprises further cosmetically acceptable and compatible additives chosen from the group consisting of from 0.5% to 5% by weight of bacillus ferment as an enzyme exfoliator, from 0.5% to 5% by weight of frankincense extract as a moisturizer, from 0.1% to 7.5% by weight of a skin protectant, from 0.1% to 6% by weight of a cosmetically acceptable and compatible colorant, from 0.5% to 1.5% by weight of tocopherol as an anti-oxidant, from 0.1% to 1% by weight of disodium ethylenediamine tetraacidic acid (EDTA), from 1% to 5% by weight of a tanning accelerator, from 0.5% to 1% by weight of a cosmetically acceptable and compatible preservative, from 0.5% to 1% by weight of PPG-40-castor oil as a stabilizer, from 0.1% to 0.5% by weight of natural essential oils, and mixtures thereof.

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14. The method of claim 12, wherein said humectant is chosen from the group consisting of 1% to 5% by weight of butylene glycol, from 1% to 8% by weight of glycerine, and mixtures thereof;

wherein said skin protectant is chosen from the group consisting of 0.5% to 2.5% by weight of aloe vera gel, from 0.5% to 4% by weight of hydrocotyl extract, from 0.1% to 1% by weight of myrrh extract, and mixtures thereof;

wherein said cosmetically acceptable and compatible colorant is chosen from the group consisting of 1% to 5% by weight of walnut extract, 0.1% to 1% by weight of caramel, and mixtures thereof, together with said minerals;

wherein said minerals are chosen from the group consisting of C.I. #15985, #77492, #77491, #77499, #77718, #42090, #16035, and mixtures thereof;

wherein said tanning accelerator is chosen from the group consisting of acetyl-L-tyrosine, hydrolyzed vegetable protein, adenosine triphosphate, riboflavin, and mixtures thereof; and

wherein said cosmetically acceptable and compatible preservative is chosen from the group consisting of methyl paraben, dimethylol dimethyl hydantoin, and iodopropynyl butylcarbamate, and mixtures thereof.

- 15. The method of claim 13, further comprising the step of :
- (p) after step (m), cooling said interior of said vacuum chamber to a temperature of 35° C to 39° C, at a rate of 5° C per 15 minutes;

and wherein said method further comprises further steps carried out after step (p) and before step (n);

wherein said further steps are chosen from the group consisting of the following steps, and mixtures thereof:

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- (q) introducing said bacillus ferment into said vacuum chamber while maintaining said temperature of step (p), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes;
- (r) introducing said frankincense extract into said vacuum chamber while maintaining said temperature of step (p), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes;
- (s) introducing said skin protectant into said vacuum chamber while maintaining said temperature of step (p), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes;
- (t) introducing said cosmetically acceptable and compatible colorant into said vacuum chamber while maintaining said temperature of step (p), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes;
- (u) introducing said anti-oxidant into said vacuum chamber while maintaining said temperature of step (p), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes:
- (v) introducing said EDTA into said vacuum chamber while maintaining said temperature of step (p), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes;
- (w) introducing said tanning accelerator into said vacuum chamber while maintaining said temperature of step (p), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes:
- (x) introducing said cosmetically acceptable and compatible preservative into said vacuum chamber while maintaining said temperature of step (p), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes:
- (y) introducing said stabilizer into said vacuum chamber while maintaining said temperature of step (p), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes; and

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- (z) introducing said natural essential oils into said vacuum chamber while maintaining said temperature of step (p), and tumbling and agitating said plurality of sheet-like substrates for a period of 12 to 18 minutes.
- The method of claim 15, wherein said self-tanning composition further comprises from 0.5% to 20% by weight of sunscreen chosen from the group consisting of from 1% to 20% by weight of octyl methoxycinnamate, from 1% to 20% by weight of octyl salicylate, from 1% to 10% by weight of benzophenone-3, from 0.5% to 10% by weight of benzophenone-4, and mixtures thereof;

wherein said sunscreen is introduced into said vacuum chamber following step (q); and

wherein said plurality of sheet-like substrates are tumbled and agitated for a period of from 28 to 38 minutes.